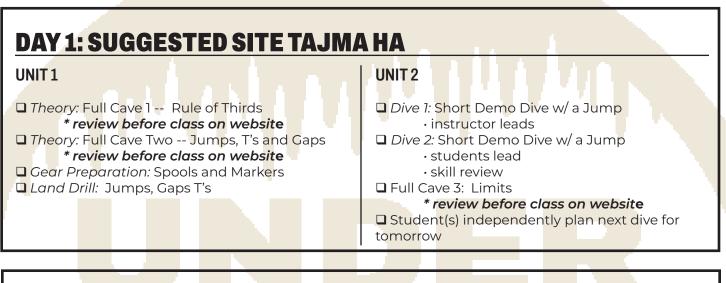
# FULL CAVE SYLLABUS

Outlined below is the suggested schedule for Under the Jungle's Full Cave Diver. Course schedules are adjusted to student abilities and time requirements. The more theory you can review and learn before the course, the more efficient your course will be and the more you will get out of it. When an applicable theory lesson is available for review on the website, "**review before class on website**" is noted next to the relevant theory session, so that you may prepare for your course adequately.



Presentations are located at: www.underthejungle.com -> Downloads -> Student Resources -> Full Cave.



## DAY 2: SUGGESTED SITE PONDEROSA

#### **UNIT 3**

UNIT 4

Dive 1: Jumps and Ts off 90° corner on River Run • zero visibility over a jump

lost line drill

Dive 2: Gaps/ midline jumps from first arrow • free for all with problem management

### **DAY 3: RESTRICTIONS SUGGESTED SITE MINOTAURO**

#### UNIT 5

□ *Theory*: Restrictions

- Open Water: Restriction skills
- Demo Dive: Mainline Minotauro
  - maximum 20 minutes penetration
  - $\cdot$  environmental references
  - $\cdot$ video feedback

#### UNIT 6

- Dive along the mainline
  - extreme note taking
    - air share through restriction
    - problem manangement
    - $\cdot$ video feedback
    - student attempts to locate the reference points on the map
- Evening Theory: Circuits and Traverses





# **FULL CAVE SYLLABUS**

### **DAY 4: CIRCUITS SUGGESTED SITE TORTUGAS**

#### UNIT 7

- Theory: profile planning using software
- □ Planning using range calculations/software
- Gear: create completion markers
- Dive 1: Circuit set-up dive
  - $\cdot$  O2 drop if deco certified

### **UNIT 8**

Dive 2: Circuit completion dive

# DAY 5: PUTTING IT ALL TOGETHER: ABEJAS OR MANAK BALAM

### UNIT 9

#### Dive putting everything together

- real-life challending conditions
- skills and drills at instrcutor's discretion

### **UNIT** 10

Dive putting everything together

real-life challending conditions

 skills and drills at instructor's discretion
Review TDI e-learning if student did not complete Intro to Cave with Under the Jungle